

Tune in to your turn-ons!
Discover what you want so you can finally LOVE your sex life



Guest: Leah Carey

www.LeahCarey.com / www.GoodGirlsTalkAboutSex.com

Short bio:

Leah Carey is a sex and intimacy coach and host of the podcast “Good Girls Talk About Sex.” She works with women to move beyond laying-back-and-accepting-whatever-their-partner-does-to-them, into being equal co-creators of their sexual experience. She offers group coaching, individual coaching, and PJ Parties for Grown-Ups where she leads you through an evening of chatting about sex with your best girlfriends!

Links:

- Website – www.leahcarey.com
- Instagram – www.instagram.com/goodgirlstalk
- Facebook private group – www.facebook.com/groups/goodgirlstalk
- YouTube – www.youtube.com/goodgirlstalk

Interview Questions: (I always enjoy a free-flowing conversation, so feel free to adjust these for your comfort, use these as a jumping-off point, or ignore them entirely!)

1. Don't most people know what their turn-ons are?
2. Why is it so hard for people who were socialized as little girls to identify their turn-ons?
3. Why is it important for people know what their turn-ons are?
4. Can I do this by myself, or do I have to have/involve a partner in order to identify my turn-ons?
5. What are some ways to identify my sexual turn-ons?
6. What if I discover that I'm turned on by something that's really kinky – is that normal?
7. Once I've identified some things I'd like to try ... what then?
8. What if there's something I know my partner wants that I'm not interested in AT ALL?!
9. I'm not turned on by things I thought were really hot when I was younger. Is that a problem?
10. Leah, did you always know what your turn-ons are?

Free download for your audience:

The 3-minute turn-on: Identify your turn-ons (even if you're not sure you have any!)

www.leahcarey.com/turnons

Paid offering:

Want to talk this out with your girlfriends? Schedule a PJ Party for Grown Ups!

www.leahcarey.com/pjparty

Longer bio, if desired:

Leah Carey is a sex and intimacy coach and host of the podcast “Good Girls Talk About Sex.” She works with women to move beyond laying-back-and-accepting-whatever-their-partner-does-to-them, into being equal co-creators of their sexual experience.

In her podcast, PJ Parties for Grown Ups, and one-on-one and group coaching, Leah’s focus is always on reflecting your true sexual nature back to you, without the judgment or shame that can get in the way of you seeing it for yourself. Her clients sink so deeply into their true sexuality that the old version of themselves that was scared to speak up for their own needs can feel like a mirage from another lifetime.

Find her at www.leahcarey.com or @GoodGirlsTalk on [Instagram](#), [Facebook](#), and [YouTube](#).

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